

Keck Medicine of USC

BEYOND EXCEPTIONAL MEDICINE™



USC PREMIER CARE Breast Cancer Screening

Breast cancer is the second most common type of cancer in women. Survival rates have increased dramatically for breast cancer patients in recent years, in part due to screening tests, including mammography.

Regular screening tests for breast cancer help identify the disease in its early stages, when it is most easily treated. The benefits of mammography and the recommended frequency of screenings vary by age and risk factor. Your primary care physician can help you determine when you should have your first mammogram and how often you should get tested.

USC Premier Care, which is available and free of charge to USC Trojan Care EPO and USC PPO patients and families, can help you and your family understand and stay up to date with your cancer screenings.

The USC Premier Care team, in partnership with your USC primary care physician, will schedule your appointments and answer your questions about these important tests.

Our team will contact you at the request of your primary care or specialty care physician. You may also call us for information **Monday through Friday, 8 a.m.–5 p.m.** at **(833) SC NURSE (833-726-8773)**. You also can email us at USCPremierCare@med.usc.edu.

Team members called navigators can help you schedule appointments with Keck providers at any of our Keck locations. To schedule an appointment, call (833) KECK USC (833-532-5872).

USC Premier Care services include:

- **Scheduling:** USC Premier Care will schedule your breast cancer screening. Co-pays may apply based on your health plan.
- **Health education:** We can help you understand your breast cancer risk and answer your questions about breast and other cancer screenings.
- **Cancer risk reduction:** USC Premier Care can help you reduce your cancer risk by connecting you with experts at Keck Medicine of USC who can help you quit smoking, lose weight, improve your eating habits and begin an exercise routine.

Recommendations

Women between 50 and 74 should get screened every other year. Other women, depending on family medical history and other risk factors, may also need to be screened. Your primary care physician can help you understand when to begin screening and how often you should be tested.

Your USC Premier Care team

- Primary care physician and clinical staff
- USC Premier Care nurse
- USC Premier Care program coordinator